

NEW SUPPORT GROUP!

Thurston County Parenting & Postpartum Support Group

Join other parents navigating the highs and lows of pregnancy, postpartum, and parenting infants

Where: **Olympia Timberland Library Meeting Room**
(downtown Olympia location)

1st and 3rd Thursday of each month

1:30pm-3:00pm

For more information call or text:
Kara: 360-485-5434

-Infants and older children welcome!
(quiet activity provided for toddlers)
-free snacks!



2023

Winter & Spring
Dates:

Jan. 5th, Jan. 19th,
Feb. 2nd, Feb. 16th,
Mar. 2nd, Mar. 16th,
Apr. 6th, Apr. 20th

